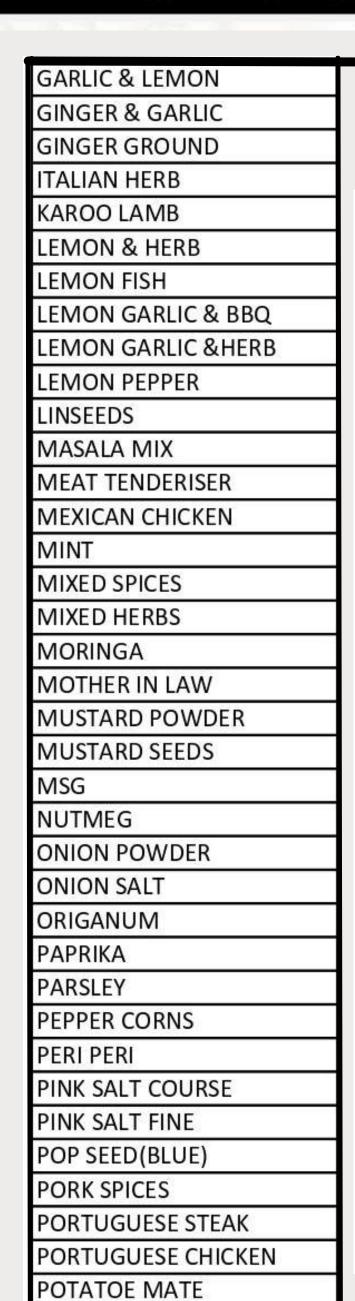




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SPICES AND HERBS LIST



POTJIEKOS

PUMPKIN SEEDS
RICE
ROSEMARY
SAGE
ALMONDS
AROMATIC
BASIL
BAY LEAVES
BBQ
BEEF GRAVY
BLACK MUSTARD SEEDS
BLACK PEPPER
BLACK SESAME SEEDS
BRAAI
CAJUN
CAYENNE PEPPER
CELERY
CHAI SEEDS
CHAKALAKA
CHEESE
CHEESE & ONION
CHICKEN
CHICKEN GRAVY
CHILLI COURSE
CHIP
CHISANYAMA
CINNAMON
CORIANDER COURSE
CORIANDER GROUND
CUMIN GROUND
CUMIN SEED
CURRY POWDER HOT
CURRY POWDER MILD
DURBAN CURRY
EXTRA HOT CHILLI



PACK SIZES

Sachets: 40 - 80g
Bottles: 200ml
Grinders: 200ml
Bulk Packs: From 1kgs



FENNEL